



LIVE WITH PURPOSE PROGRAM

WHERE WILL I FIND A NEW MEANING FOR MY LIFE WHEN I AM NO LONGER WORKING FULL TIME?

You're likely to live another 25 or 30 years after full-time work. Have you taken the time to plan your ideal life in retirement?

It's time to **redefine retirement** - this is a time for fulfilling your dreams and following your heart to do all those things you've always wanted to do.

Discover what's important to you, and what you really want to achieve in your new life.



THE PROGRAM

- Offers a safe and confidential environment, supported by trained professionals, to
 - brainstorm with like-minded people facing the same issues - you are not alone!
 - explore a whole range of exciting possibilities for your future life - doing things you've always dreamed of, or maybe never even thought of - to evaluate the best options for you
- Helps you feel more confident and comfortable about the challenge of leaving your career, and beyond your full-time work identity, so you can create a fulfilling new life
- Applies a logical, proven, step-by-step methodology to help you expand your mind to what's possible
- Provides the framework to create your customised Personal Transition Plan for an exciting and purposeful new life.

OUTCOMES

- Transform your fears and challenges into a positive vision so you can transition more confidently and successfully
- Complete your tailor-made personal transition plan with practical, easy to follow steps for a clear and comprehensive picture of your ideal new life

- Learn new ways of thinking, to make more effective choices about your future life
- Expand your perspective to become aware of the many new possibilities for what you can do in the next phase of your life
- Learn how to explore volunteering and philanthropy to share your experiences talents and skills with meaningful causes and organisations
- Understand the importance of selecting a range of activities in various areas of your life, to ensure a happy and healthy life after work.
- Be satisfied that you can face the future with confidence and clarity!

PROGRAM FORMAT

The Workshop can also be done in either of these ways -



Workshops - one or two days

Led by a Certified Transition Planning Consultant with a small group of attendees.



One-on-one sessions

With a Certified Transition Planning Consultant. This may suit those who want to create their plan on their own.

PARTICIPANTS RECEIVE



- Pre-Program materials - Webinar and Workbook
- Personal Transition Plan Workbook
- Your Future Life Plan
- Lifestyle Ideas Book

TESTIMONIALS

From others who have completed the Workshop

“ We study to be professionals. We have parenting classes. We have pre-marriage courses and marriage counseling. But until now, there was little ‘training’ involved with what we can do in the ‘third age’. Great idea to get us thinking about retirement. ” - **JP**

“ The LIVE with Purpose Workshop was an invaluable process in planning for a rich life in the future. It made me take the time to plan, and provides a structured guide to prioritise and implement an action plan – converting vision to reality. I wish I had done this five years ago. ” - **JM**

“ The workshop was very thought provoking, and offered a user-friendly method of working through the issues which I face as I move from employment to retirement. I especially liked the practical aspect of the course – the lifestyle options were varied and extensive. I enjoyed the group discussions which were lively and useful to give me other points of view. Everyone should set aside the time to plan where their lives are headed. ” - **LM**

